



YEALMPTON & BRIXTON COMMUNITY FRIENDSHIP PROJECT

A project of Yealmpton Community Association
Registered Charity No. 292854



As you know Yealmpton and Brixton Community Friendship Project is committed to supporting anyone who is lonely or at risk of social isolation. Many people in the parishes around the Yealm who would otherwise have been at risk of social isolation, and the damaging effects of loneliness have benefitted from this service which is completely free.

Our volunteers are recruited from the local community, are fully trained and DBS checked. They are supported by the Yealmpton Community Associations Project Coordinator who conducts introductions and oversees the match's. If you feel you would benefit from one to one befriending or would like more information then please make contact via the details at the bottom of this page



Of course, one to one befriending is the focus of this project however it's equally important that we help build strong connections for younger people too, so from **Friday 4th September** we would like to offer parents and carers the chance to come together for a cuppa and a chat.

This would be a relaxed, no-pressure space to share parenting ideas, swap experiences and make real connections with others in a similar stage of life. Nothing fancy, no commitment — just a warm drink and the opportunity to talk with other parents.

For further information on the 'Drop In' or our Befriending service please don't hesitate to make contact on the details below and we will contact you as soon as possible. Alternatively drop into the Community Centre on Tuesday or Friday Mornings

If you would like to get in touch then please contact me at Communityfriendship@yealmpton.org or by calling 07841066921

Kindest Wishes to you all

Shirley Newnham – Project Co ordinator