

# WHAT GOES ON IN THE BRIXTON COMMUNITY CENTRE?

Weekly and regular monthly activities and meetings (January 2025)

	<b>Activity</b>	<b>Time</b>	<b>Contact</b>
<b>Monday</b>	Kundalini Yoga – a <b>transformative practice combining breathwork, movement, and meditation to elevate your energy and bring balance to mind and body.</b>	6:00 – 7:00pm  Suitable for all levels, this class is inclusive and accessible - even if you prefer to practice on a chair.	Katie Carswell – 07830 316685  Book direct here: <a href="https://KatieCarswell.as.me/">https://KatieCarswell.as.me/</a>  <b><i>Everyone is welcome to experience the benefits of this powerful yet gentle practice.</i></b>
<b>Monday</b>	Adult Badminton	7.30 – 9:30pm	Janet Blair – 01752 880250 <i>(One court - limited places)</i>
<b>Tuesday</b>	Yealmpton & Brixton WI Members Craft Club	10am – 12pm	Janine Westgate – <a href="mailto:yealmandbrixton@devonwi.org.uk">yealmandbrixton@devonwi.org.uk</a>
<b>Tuesday</b>	Dance Fusion Tap and Modern (11-16 years) Ballet (11-14 years)	4:45 - 8:30pm Term time only	Alex Robinson – 07939 509613 dancefusion-plymouth@outlook.com <b>Please get in touch to book a trial</b>
<b>Wednesday</b>	Brixton Craft Group	10am - 12pm	Zena White – 01752 881585
<b>Wednesday</b>	Adult Badminton	7.30 – 9:30pm	Hilary Oates – 01752 880944 <i>(One court - limited places)</i>
<b>Thursday</b>	Dance Fusion Hip Hop (11-14 years) Acro (7+ years - currently Full) Adult Tap (18+ years) Adv Tap and Modern (must have taken exams in previous grades)	4:45- 8:45pm - term time only	Alex Robinson – 07939 509613 dancefusion-plymouth@outlook.com <b>Please get in touch to book a trial</b>
<b>Thursday</b>	Triumph Owners Motorcycle Group (Plymouth Branch)	8:00 – 10pm	Derek Butler – 07708 028368 <b>New Members Welcome</b>
<b>Friday</b>	Kundalini Yoga (As Monday)	9:15 – 10:15am	Katie Carswell – 07830 316685 <b>Everyone is welcome!</b>
<b>Friday</b>	Short Mat Bowls	6.30 - 8.30pm	Christine Mallett - 07980 025737 <a href="mailto:lamedos1948@yahoo.co.uk">lamedos1948@yahoo.co.uk</a>
<b>Saturday</b>	Dance Fusion Modern and Tap Dance - 5 years +	9:30am -1:30pm (term time only)	Alex Robinson – 07939 509613 dancefusion-plymouth@outlook.com <b>Please get in touch to book a trial</b>

Monthly

	<b>Activity</b>	<b>Week and time</b>	<b>Contact</b>
<b>Monday</b>			
<b>Tuesday</b>	Brixton Feoffee Trust	Once a month from 2-4pm	Sally Axel 01752 880262
<b>Wednesday</b>	Brixton Bookworms	Every second week from 7.00 - 9.00pm	Colin George 01752 880730
	Brixton Parish Council	Last Wednesday every other 7.00 - 9.00pm	Clerk Kirstie Aldridge 07890 945785
<b>Thursday</b>			
<b>Friday</b>			
<b>Saturday</b>			
<b>Sunday</b>			