

VELCOME TO THE EIGHTH CORONAVIRUS NEWSLETTER FROM BRIXTON PARISH COUNCIL

LOCAL COUNCIL AWARD SCHEME QUALITY

Brixton Parish Council Coronavirus Newsletter

This newsletter is produced weekly (Friday) by Brixton Parish Council and published on the Brixton Parish Council website and Facebook pages. Updates in between are posted on the Brixton Devon website <u>https://www.brixtondevon.co.uk/</u> and on Love Brixton Devon and Brixton Village Facebook. A copy is also posted on the notice board in the village by the pedestrian crossing.

This week new government guidance is advising us to STAY ALERT! to the spread of coronavirus as some people return to work, some businesses are re-opening and there is extra time for us to exercise and be outdoors. These changes do not mean that 'it is all over' - social distancing and good hand hygiene will remain part of all our everyday behaviour for the future, to prevent the spread of this deadly virus.

We can all help control the virus if we all stay alert.

- This means you must:
- stay at home as much as possible
- work from home if you can
- limit contact with other people
- keep your distance if you go out
- (2 metres apart where possible)
- wash your hands regularly

Do not leave home if you or anyone in your household has symptoms.

Vulnerable residents are advised to still stay at home until at least the end of June even for essential supplies and exercise, to minimise face-to-face contact and prevent being exposed to the virus. Around 34,000 people in Devon have been identified as having an underlying health condition that puts them at very high risk if they catch corona virus. There is no change to this guidance, the rigorous 'shielding' measures introduced to help keep safe those who are considered extremely clinically vulnerable are still in place.

It was good to see the flags and bunting out in the village and a special floral display on the War Memorial remembering the 75th anniversary of VE Day on the 8th April. There was a great feeling of community and neighbourliness, people enjoying the opportunity to mark this occasion in the company of neighbours and observing social distancing.

THIS WEEK

FINANCIAL SUPPPORT TO INDIVDUALS & FAMILIES

If you live in Brixton Parish and are experiencing financial hardship as result of the lock down Brixton Feoffee Trust and Yealm Energy Company may be able to help you/ your family

Brixton Feoffee Trust has allocated £3,000 from its reserves for one-off grants of up to £100 per household for food and basic essentials depending on the individual household's circumstances and subject to approval by the Board of Trustees. Confidential applications can be made for a grant to buy food and basic essentials. Please contact the Clerk, Sally Axell, on 01752 880262 or email brittonfooffeetruct@googlemail.com for

brixtonfeoffeetrust@googlemail.com for further information. Local people have already been helped by the Feoffee Trust.

Yealm Community Energy - COVID relief -Yealm Community Energy has committed £2,000 from its upcoming community fund payment to Brixton for measures relating to COVID-19 applications can be made by individuals, groups or organisations using the application form (2019) available on the YCE website. Please contact Andrew Moore on 01752 873532 or email drramoore@gmail.com for more information. A small local group under the Community Emergency Plan has been set up for Brixton to monitor applications. If you need financial help in a local COVID19 related matter please contact Andrew in the first instance. A grant has already been made to an applicant in Brixton.

National Government support for businesses can be found on www.businesssupport.gov.uk

Otter Garden Centre re opened for garden and other supplies (but not the café).

The Recycling Centre at Ivybridge

reopened on the 11th May for waste that would be harmful or risky to store at home. Essential visits are subject to the following COVID19 Guidance
Vehicle numbers on site at any time will be significantly restricted.

• In order to keep unloading times to a minimum, only cars will be permitted to use the recycling centres (no trailers/vans/campervans/pick-ups/cyclists/pedestrians etc.) with a maximum of two adults per vehicle.

• You should stay 2 metres apart from other people (including site staff) at all times.

• Social distancing measures mean that site staff will not be able to help with unloading/carrying waste and you must follow site staff instructions to keep everyone safe.

• Remain in your vehicle whilst queuing (with windows closed) and do not queue on the public highway.

• Payments on site will be accepted by credit or debit card only.

• Resale/Shop facilities will remain closed.

• Glass, paper, cans, plastic

bottles/packaging will not be accepted – please use kerbside recycling systems and banks provided by your district council. Residents showing COVID-19 symptoms or who are self-isolating should not visit recycling centres as per Public Health England guidance

The Brixton Prescriptions and shopping

list updated 13th May can be found on the Brixton Parish Council website and on Facebook - please contact Helen with any updates or additions.

Prescriptions

Coordinator for prescriptions - Yealm Medical Centre and Dean Cross Surgery -NOW JULIE ECCLES phone 07786 378053 email julieeccles1@btinternet.com - huge thanks to Julie for taking this on.

Email e.yealmmedicalcentre@nhs.net with repeat prescriptions just under two weeks before needed, email Julie two days ahead with request for pick up Tuesday or Thursday. Our FIVE prescription volunteers also help cover emergency pickups and Dean Cross, all coordinated by Julie Eccles. Over 60 regulars ask for pick up, happy to take on more to save trips to Dispensaries. Please pre-pay if you are not exempt, volunteers cannot pay.

Community Resources

The Brixton Post Office and Shop is open 9-12 weekdays and in Yealmpton in the afternoons. Please use the services available, including for gas and electric keys and a wide range of Post Office services, as well as newspapers, food and cleaning materials, cards, stationery etc.

Yealmpton Stores – Those ordering and pre-paying from Yealmpton Stores will have their shopping picked up and delivered by volunteers from Yealmpton. Email order to fionalogie@aol.com or phone the shop on 01752 881332. Please plan for next day delivery, but not Sundays. Shopping in person is still fine for those able to visit. A big thank you to Yealmpton volunteers for this help.

Debbie in the **Brixton Fish & Chips** opens on Tuesday 19th May ... ideally phone an order in to 880362 and arrange a pick up time then make contactless payment when picking up. They will be marking the pavement for social distancing for a queue towards their car park. Maximum of 3 people in the shop at a time. Please don't park in the road outside.

Annie at **'Just Williams'** can supply 1kg bags of frozen veg and fruit, phone first to arrange payment and pick up 5-6pm 880226 ... Annie can be flexible if needed on timing.

Rodgers Texaco Garage/Petrol station

closed on Sundays, open from Mon- Sat 08.00-18.00hrs for the full range of services newspapers, local shopping services, car servicing and MOTs.

Londis at Yealmpton Garage are also stocked and offering excellent service to locals. Keep your distance and pay by card rather than cash to minimise risk if visiting local shops.

Morrisons Doorstep Delivery is a dedicated telephone line for their

customers who are not able to visit a shop but are able to place an order over the phone. Customers can choose from a Food Box or place an order from a selection of 45 essential groceries. The order is then matched to a local store that picks up the order and delivers it directly to the customer the following day. Payment will be taken through a contactless card by the delivery driver. Call 0345 611 6111 and select option 4 to order a Food Box or 5 to place an order for Doorstep delivery. The order will take 24 hours to process.

Shielding or At Risk? If you have a letter from Public Health England please register with the Brixton COVID 19 Community Emergency Team so that we and local volunteer leaders are aware of your circumstances in case you need extra support. All personal information is held in a way which is GDPR compliant - we will protect your personal information. Email helen.deaswilliams@brixtonparishcouncil.org.uk or phone 01752 881873. Note: There is guidance on the Brixton Parish Website and Facebook on how to register with the Government as Vulnerable if you were expecting but did not receive a letter. You can also use the 'Nobody should feel alone' flier on the website

Volunteer leaders are looking after their small areas in Brixton Parish as a contact point; arrange local calls for those who would like this and to be alert to any issues or signs someone need help locally. Volunteer leaders walk around their area daily (while doing their exercise!) to look out for signs of distress if not already alerted by neighbours or daily phone calls We can all help look out for each other - If starting to feel seriously unwell or unable to phone, everyone is asked to hang a pillowcase, towel or similar from their letterbox, door, and window – a visible signal that help might be needed – better safe than sorry.

A big 'thank you' to the team of volunteers for the great work they are doing supporting people in the community. We are also working with neighbouring parishes particularly Yealmpton and Wembury plus South Hams District Council and Devon County Council for more information from South Hams and Devon County Council please visit their websites.

For local gardeners thank you to Brixton Composters who have made a supply of compost available in the village and on the Composting site for collection. Pllease observe social distancing at all times.

Green garden waste can be disposed of in Brixton at the Brixton Community Composers site at the top of Lodge Lane ... this is open on weekdays ... please observe social distancing when visiting.

Bus timetables for information, up-to-date bus timetables, including temporary changes, go to: https://www.traveldevon.info/bus/latestnews-service-updates/

Brixton Feoffee Trust Community Car Scheme is temporarily suspended.

The monthly **street sweeping** in Brixton Village is suspended until there is further government advice on this type of activity. In the meantime if residents can clean along the wall outside their homes that would be a great help. Please do not venture into or clean any part of the road itself.

Sherford Community – We liaise closely with the Residents Association in support their emergency response and through the Sherford Trust. Access to Dental Care - Local Urgent Dental Care (UDC) systems provide care for people with urgent and emergency dental problems. Registered patients who have a dental practice should contact their dentist by phone to seek a referral. All NHS dental surgeries should be accessible by phone, even though their doors are shut. Unregistered patients people i.e. who don't have a dentist, should call the dental helpline 03330 063300 email: accessdentalhelpline@nhs.net. Out of usual surgery hours, people should call NHS111. For further information, contact the NHSE/I dental team in the South West at england.swdental@nhs.net.

St. Marys Church, Brixton – the church building is currently closed. Online Sunday Worship will be held at 10.00am using Zoom. Use the link below to join in: https://us02web.zoom.us/j/89475754919. For information on services and prayer groups see the combinedbenefice.co.uk website or follow the Yealm Erme M.C. Facebook information.

Dementia Friendly Parishes around the

Yealm is in telephone contact with all its 40+ families. If you have concerns about a person with dementia or if as a family or a carer you need additional support please contact Maxine on 07450206312. There are also regular updates on Facebook

Citizens Advice South Hams - Advice line: **03444 111 444** (Monday - Friday 9am -4pm) Email: www.southhamscab.org.uk Letter: Citizens Advice, Follaton House, Plymouth Road, Totnes TQ9 5NE

Urgent appeal for community equipment -

If you've got any community equipment you no longer need particularly commodes, walking frames, shower stools, and raised toilet seats please can you return it. These items are in danger of being in short supply. Please contact Millbrook Care on **0330 124 4491** to arrange a free contactless collection.

South Hams District Council has a hotline 01803 861297 for residents who can't access information and support available through the council's websites or social media but need help and support during the corona virus outbreak. The number is open 9am-5pm Monday to Friday with an out of hours answerphone. The team can help with queries such as where to get additional help and support and put people in touch with their nearest community support group e.g. Helen and team.

Walking on the public rights of way in Brixton please keep your PLEASE KEEP YOUR DOG/S ON SHORT LEADS AT ALL TIMES AND ALWAYS KEEP TO THE PATH WHEN WALKING ON ANY PUBLIC RIGHT OF WAY FOOTPATHS THROUGH FIELDS as there are baby lambs there now and ewes about to lamb ... even a dog on a lead can frighten a sheep. Please stick to the signposted footpath if you are not on the footpath you are trespassing.

An update from Devon & Cornwall Police for non-emergencies

If possible, the Police ask that you use the following options before dialing 101 for non-emergencies at this busy time. Click before you call – go online at devon-cornwall.police.uk/

Check if you can find the answer yourself on AskNed

Use the online crime reporting form Web chat live with the 101 service (link to this facility at bottom right of Devon and Cornwall Police homepage)

Email the 101 service at 101@dc.police.uk Calling 101 phone line

If you do need to call 101 about a nonemergency, please be aware that it may take longer than normal to answer your call. Perhaps consider calling at a quieter time of the day, like late evening if it is not time critical.

I have intelligence about a crime – who

should I contact? If it is an emergency call 999 or for non-emergencies use the online contact options where possible. You can also report crime and intelligence anonymously via Crimestoppers either by calling 0800 555111 or by using their online reporting system at www.crimestoppers-uk.org

Boots pharmacies are offering safe spaces for victims of domestic abuse within their pharmacies for victims of domestic abuse. Anyone needing help can ask staff at the counter to use the consultation room, where they will be able to contact local services for help and advice. It's been launched by charity, Hestia, following an increase in calls to domestic violence help lines, since lockdown. If you need help, please call Victim Support on 0300 303 0554. Lines are open 12pm-6pm Monday to Friday. If you need support outside of these times, call Supportline for free on 08 08 16 89 111. You can now also access Victim Support's free live chat for 24/7 support. In an emergency always call 999

Text school nurses for support

During these unsettling times, young people who may have health and wellbeing concerns can contact local school nurses who offer a free and confidential text service called Devon Public Health Nursing ChatHealth. If you have a young person aged 11-19 years old in your household then please let them know they can talk to a Devon school nurse in confidence about relationships, how they are feeling, bullying, self-harm, smoking or any other concerns by texting 07520631722.They are available 9am to 5pm Monday to Friday and can offer support on a wide range of concerns. Researching Devon records remotely. The

Devon Heritage Centre is often the first place people in the county look when pursuing any historical research into their family, house or the area they live. It's closed at the moment because of the lockdown, but they've got a huge archive still for researchers to access online. Find out more about what's available on their website, and if you want any advice with your research, send an email to <u>devonarchives@swheritage.org.uk</u>. Thank you to everyone for keeping our community going and safe over the last 8 weeks ... continue to smile and wave... give a shout and make a great noise on Thursday for our wonderful health care and all support workers. Look after our farmers... keep dogs on short leads where the public rights of way footpaths cross the fields. We can control this virus if we all **STAY ALERT!**, keep our distance, wash our hands, think of others and play our part ... coronavirus relies totally on us to spread and continue the infection it doesn't do it on its own.

STAY ALERT!

PLAY YOUR PART

OBSERVE SOCIAL DISTANCING AT ALL TIMES