



Issue 3 – week ending 3rd April 2020

WELCOME TO THE THIRD CORONAVIRUS NEWSLETTER FROM BRIXTON PARISH COUNCIL

Brixton Parish Council Coronavirus Newsletter

This newsletter is produced weekly (Friday) by Brixton Parish Council and will be published on the Brixton Parish Council website and Face book pages. Updates in between will be on Face book—Love Brixton Devon, Brixton Village. Copies are also on the notice boards by the Post office and by the pedestrian crossing.

This week ... volunteers have continued to come forward to support the Parish Council Community Emergency Plan led by Councillor Helen Williams, responding to the flier 'Nobody should feel alone'. If you did not see or return this, copies are on the Brixton Parish Council website and outside her home 3 Pear Tree Cottages , next to the Foxhound please email

helen.deaswilliams@brixtonparishcouncil.org.uk If urgent phone Helen 01752 881873.

Volunteer leaders have been asked to look after their small areas of Brixton Parish, organise a phone around amongst those self-isolating. And if starting to feel seriously unwell or unable to phone, everyone is asked to hang a pillowcase or similar from their letterbox, door, window – a signal to indicate they need help. Group leaders will walk past once a day (while doing their daily exercise!) to look out for signs of distress if not already alerted by daily phone calls. Volunteer leaders will soon make themselves known to their local neighbours by letter.

A big 'thank you' to Helen and her team of volunteers for the great work she is leading on for the parish.

This week changes include:

In Brixton village we are greatly supported by Anthony in Speculation, Post Office and shop open 9-12 weekdays only with newspapers and groceries as well as gas and electric keys, Post Office banking services etc.

Annie at Just Williams can supply 1kg bags of frozen veg and fruit, phone first to arrange payment and pick up 5-6pm. Annie is flexible if needed on timing.

Debbie in the Brixton Fish & Chips is closed for the moment through supplier issues to provide Cash & Carry groceries for sale.

Other shopping: local food delivery suggestions are updated on Facebook regularly. NHS hour 07.00-08.00 at Morrisons for our sterling health service workers; Sainsbury has reserved 08.00-08.30 for golden oldies. Neighbouring Yealmpton Stores and Londis are also stocked and offering excellent service to locals. Keep your distance and pay by card rather than cash to minimise risk.

Rodgers Texaco Garage/Petrol station new hours until further notice – closed on Sundays, open from Mon- Sat 08.00-18.00hrs for the full range of services newspapers, local shopping services, car servicing and MOTs.

Yealm Medical Centre and repeat

prescriptions - The National Health Service now restricts all prescriptions to max 28 days supply. Yealm Medical Centre asks everyone to email prescription no more than two weeks ahead

e.yealmmedicalcentre@nhs.net - allow about 6 working days to process repeat prescriptions. Brixton volunteers are picking up twice weekly, email

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well ahead to be added and give a couple of days notice before prescriptions are due to be picked up. You need to PRE PAY the Dispensary if you are not exempt as volunteers cannot pay for prescriptions. Yealmpton Medical Centre thanks everyone for their patience and support during these difficult times.

Sherford Community – are supporting each other with a TRUST Larder, putting in and taking out, as they don't have a shop nearby. We are liaising closely with them.

Shielding or At Risk? Since the last newsletter Public Health England has written a letter to people at high risk. If you have received this letter you may like to register with the Brixton Community Emergency Team so that we and local volunteer leaders are aware of your circumstances as you may need extra support. All personal information is being held in a way which is GDPR compliant - we will protect your personal information. Contact Helen 01752 881873 for further discussion

You Tube clip shopping and hygiene

PSA Grocery Shopping Tips gives guidance on food shopping/hygiene – quite long but sensible -

https://www.youtube.com/watch?v=sjDuwc9 KBps&feature=youtu.be&fbclid=IwAR3UuESx e9Xa8L3jpOOxdnFHT_9rqoKu2M0knBxoUkJ WuK5vTwIurHE7WIA

St. Mary's Church – the church building is closed. See St. Mary's Church website for further information about virtual services.

Pementia Friendly Parishes around the Yealm is in telephone contact with all its 40+ families. If you have concerns about a person with dementia or if as a family or a carer you need additional support please contact Maxine on 07450206312. There are also regular updates on the Facebook page

Citizens Advice South Hams - Contact information - Advice line: 03444 111 444 (Monday - Friday 9am - 4pm)

Email: www.southhamscab.org.uk

Help: www.citizensadvice.org.uk

Letter: Citizens Advice, Follaton House,

Plymouth Road, Totnes TQ9 5NE

Brixton Devon Website

https://www.brixtondevon.co.uk/ this website replacing the old Brixton Village website was launched on 1st April and has a wealth of information about the village and the parish. There will continue to be some further tweaks during the first few weeks. A regular update on the Coronavirus will be on this website.

Public Rights of Way - Devon County Council is keeping the public rights of way footpaths open. If you use the footpaths please be considerate to the farmers who are essential workers and at risk if the hygiene requirements for coronavirus are not followed. Please keep to the paths, leave gates etc as you find them. Keep your dog/s on short leads at all times and keep to the path when walking on the public right of way footpaths through fields as there are baby lambs there now and ewes about to lamb .. they can miscarry if spooked by a dog ...even a dog on a lead can frighten a sheep. So please take great care using the public rights of way footpaths and support our local farmers- if they get coronavirus there is no one to look after their animal's welfare.

Steer Point Quarry

The Parish Council has been advised that Aardvark has temporarily suspended normal operations at Steer Point following the shutdown of many construction sites and a general economic slowdown. This will continue unless they get a significant request for bringing loads to justify reopening when they will be asking for a risk assessment from the haulier over and above normal procedure to assess their attitude to minimising the spread of covid19. There may still be some operational vehicle movements accessing the site for periodic inspections to ensure the site is safe and secure.

Thank you to everyone for keeping our community going and safe... smile and wave... give a shout on Thursday for our wonderful health care and all support workers. Look after our farmers... keep dogs on short leads where the public rights of way footpaths cross the fields (all other fields are private and there is no public access). Let's keep our distance and stay home ... coronavirus relies totally on us to spread and continue the infection it doesn't do it on its own.